

What happens now – Crowns

Through discussion you and I have decided that now is the time for you to have a crown on one of your teeth. Teeth are crowned because

- They are broken down and cannot be fixed with normal fillings
- They have a crack that is threatening to destroy the tooth
- They have had a root filling and have become weak and brittle
- They already have a crown on which has failed

Your crowning procedure takes 2 visits.

On the first visit the tooth is prepared and moulds are taken of your teeth. You will be made a temporary crown that is made of plastic to wear until your second visit.

On your second visit, if the crown fits it is stuck onto your tooth with special dental glue. It is normal for some adjustments to be done both to make the crown fit to the tooth and to fit well when you bite your teeth together.

Things to remember:

- It is not uncommon for a crowned tooth to be sensitive to hot and cold after it is prepared, and after the crown is fitted.
 - This sensitivity should be temporary in nature.
 - If it persists or gets worse, you should contact us by phone as it may indicate the following point may be occurring.
- Crowning a tooth carries a risk to the nerve inside the tooth.
- There is a 1 in 10 chance that the nerve will die after a tooth is crowned, in which case the tooth would require a root filling to save it.
- You will be wearing a temporary crown for 2 weeks.
 - These temporary crowns are made of plastic, and as such can break if you are not careful.
 - **You must avoid hard foods, chewing gum and sticky foods as all these can break and/or loosen your temporary crown.**
 - If your temporary crown breaks or comes off YOU MUST contact us.
 - Failure to do so may mean that your crown will not fit, meaning we will have to start your treatment from the beginning.
- When your crown is fitted, we will do all we can to make sure it feels comfortable.
 - However, this is a very complex process and on the odd occasion the crown will need further adjustment.
 - So if after a few days something doesn't feel right, please phone us.
- White crowns on back teeth are white because they are made with porcelain. Please avoid biting on anything hard like pork scratchings, gob stoppers etc as this can break the porcelain.

If looked after crowns have an acceptable life span. You will need to brush twice a day with a fluoride toothpaste, limit sugars from your diet and floss or use inter-dental brushes to keep the tooth and gums clean and healthy